

**WOKING AND WEYBRIDGE BRANCH OF PARKINSON'S UK – APPLICATION FOR FINANCIAL ASSISTANCE**

**Executive Summary**

Woking and Weybridge Branch of Parkinson's UK has been operating for 19 years and relies entirely on a self funding support group which receives no funding from Parkinson's UK. The Charity fundraises in order to arrange activities and events, both therapeutic and social for its members. The purpose of the Charity is to provide support, help and friendship to local people with Parkinson's, their families, carers and anyone who is affected by the degenerative neurological disease.

The aim of the branch is to give all members with Parkinson's the opportunity to take part in some form of exercise, as currently this is the only method of helping alleviate the stiffness and eventual seizing up of muscles that forms part of the degenerative process and which will lead to loss of balance and co-ordination, making all movement and in particular walking, painful and difficult. Its hydrotherapy sessions will continue to be held at the White Lodge Centre and are charged at £20 per person per session. The Woking and Weybridge Branch of Parkinson's UK will use the grant from Woking Borough Council to offer fully subsidised sessions to all of its members.

Since April 2018, three members of the Group from Woking have been using the sessions on a weekly basis, with four being the capacity for each session. With help from the qualified teacher and assistant the focus has been on improving their mobility and co-ordination.

The Woking and Weybridge Branch of Parkinson's UK are requesting to extend the revenue funding awarded last year at £3,200 to provide weekly hydrotherapy treatment for members with Parkinson's. This sum will enable 40 weeks of therapy at a cost of £80 per week. It is proposed that the application be approved.

**Recommendations**

The Executive is requested to:	<b>RESOLVE That</b> funding be awarded at the requested level of £3,200 towards hydrotherapy sessions for its Woking-based members.
Reason for Decision	The provision of accessible hydrotherapy sessions will help those in the Borough living with Parkinson's to maintain a level of mobility and pain relief for as long as possible, and is in line with the identified priority areas in the Council's Health and Well Being Strategy.
Legal Authority	S142 Local Government Act 1972
Conditions	<p><b>Accounts.</b> The Organisation must submit audited accounts for the year in which the grant is awarded, including an income and expenditure account and balance sheet. Please note that accounts for other years may also be required.</p> <p><b>Monitoring Information.</b> The Organisation must submit quarterly monitoring information as a measure of its achievements. Failure to provide details will jeopardise the award. E-mail requests will be sent to the applicant on a quarterly basis.</p>

## Woking and Weybridge Branch of Parkinson's UK – Application For Financial Assistance

	<p><b>Publicity.</b> Where possible, the Organisation is required to publicise the support received from Woking Borough Council, including on all literature and leaflets produced.</p> <p><b>Payments.</b> Unless exceptional circumstances exist all invoices must be received quarterly with details of the costs incurred and monitoring information for the previous quarter.</p> <p><b>Payment Period.</b> Final quarter claims must be made by the second week in March. Unclaimed awards will not be available at a later date unless exceptional circumstances can be demonstrated to the Council before the end of the award year.</p> <p><b>Joint Working.</b> WBC expects the Organisation to engage positively on health and wellbeing multi-agency joint work affecting Woking. Groups which refuse may place their Council support at risk, e.g. grant, concessionary rent and other assistance.</p> <p><b>Homelessness Reduction Act 2017.</b> With the introduction of new legislation from April 2018, the council will expect the support of partner agencies in identifying people at risk of homelessness as early as possible to maximise the opportunities to prevent such. Partner agencies / organisations will be expected to be engaged in joint working arrangements to assist in finding suitable housing and support solutions, and where appropriate to undertake and respond to the new 'duty to refer'. Groups which do not support this new legislation and way of working positively may put their Council support at risk.</p>
Performance Indicators	<p><b>Users.</b> The Organisation to provide a breakdown of the users in the past quarter.</p> <p><b>Activities.</b> The Organisation to provide details of activities and events held during the last quarter.</p> <p><b>Publicity.</b> The Organisation to advise how the Council's support has been publicised over the last quarter.</p> <p><b>Statement of Use.</b> The Organisation to provide a statement stating the use to which the grant money has been put.</p>
Future Support	<p>The financial pressure on the Council's budgets is expected to continue in the coming years and accordingly the overall level of support available in future years may be reduced. The applicant is therefore to be advised that the award of funding for 2020/21 does not imply that a similar application in 2021/22 would be supported. In particular, it is emphasised that the Council is unlikely to be in a position to award any sums above the 2020/21 levels.</p> <p>In view of this, the applicant is to be advised to ensure that contingency plans for the Group's operations for 2021/22 have been drawn up in the event that the Council is unable to continue its support beyond April 2021. All applicants are strongly recommended to pursue alternative sources of funding and are encouraged to approach Woking Borough Council's Community Support Team for advice and support.</p>

**The Executive has authority to determine the above recommendations.**

## **Woking and Weybridge Branch of Parkinson's UK – Application For Financial Assistance**

### **Background Papers:**

2020/21 Application Form.

### **Reporting Person:**

Ray Morgan, Chief Executive

Extn: 3333, Email: ray.morgan@woking.gov.uk

### **Contact Person:**

Frank Jeffrey, Democratic Services Manager

Extn: 3012, Email: frank.jeffrey@woking.gov.uk

Doug Davern, Democratic Services Officer

Extn: 3018, Email: doug.davern@woking.gov.uk

### **Portfolio Holder:**

Cllr Ayesha Azad

Email: Cllrayesha.azad@woking.gov.uk

### **Shadow Portfolio Holder:**

Cllr Will Forster

Email: cllrwill.forster@woking.gov.uk

### **Date Published:**

18 February 2020

**Woking and Weybridge Branch of Parkinson's UK – Application For Financial Assistance**

## Woking and Weybridge Branch of Parkinson's UK – Application For Financial Assistance

<b>1.0 Summary of Application</b>	
1.1 Status and Aims	<p>Parkinson's UK was formed in 1969 under the previous name of the Parkinson's Disease Society. Today it is a dynamic network of expert staff, health and social care professionals, volunteers and researchers. Its work includes:</p> <ul style="list-style-type: none"> <li>• influencing and funding groundbreaking research to advance understanding of Parkinson's and improve treatments;</li> <li>• providing expert information and support to assist patients manage the condition;</li> <li>• offering support and opportunities to live life to the full for everyone with Parkinson's, their families and carers; and</li> <li>• raising awareness, changing perceptions and working in partnership to drive better services.</li> </ul> <p>The Woking and Weybridge Branch of Parkinson's UK has been running for approximately 20 years and aims to provide the necessary exercise classes to help with the Parkinson's member's mobility. This includes speech therapy, seated exercise and hydrotherapy.</p>
1.2 Employees	None.
1.3 Volunteers	9, whose roles include Chair, Secretary, Treasurer, Fundraiser and Committee members. The Committee members also liaise with venues and organise coach transport for outings.
1.4 Clients/Users	<p>150, comprising:</p> <p>60 male 90 female 50 disabled Over 50% resident in Woking 60 aged 19-65 90 aged 65+</p> <p>A small charge is made for outings. Members are provided with a variety of activities and events to make life more bearable for both sufferers and carers.</p>
1.5 Members	<p>150, comprising:</p> <p>60 male 90 female 50 disabled Over 50% resident in Woking 60 aged 19-65 90 aged 65+</p>
1.6 Sum Requested	£3,200 (Revenue)

## Woking and Weybridge Branch of Parkinson's UK – Application For Financial Assistance

1.7 Project	<p>The aim of the branch is to give all members with Parkinson's the opportunity to take part in some form of exercise, as currently this is the only method of helping alleviate the stiffness and eventual seizing up of muscles that forms part of the degenerative process and which will lead to loss of balance and co-ordination, making all movement and in particular walking, painful and difficult.</p> <p>The Woking and Weybridge Branch of Parkinson's UK are requesting the sum of £3,200 to provide weekly hydrotherapy treatment for members with Parkinson's.</p>
1.8 Cost breakdown:	40 weeks of hydrotherapy will cost £80 per week, totalling £3,200.
1.9 Community Benefit	<p>Research has proved that all forms of exercise are essential to aid mobility for those with Parkinson's, as without, muscles will seize up. Hydrotherapy is especially beneficial due to the buoyancy provided by warm water.</p> <p>The provision of accessible hydrotherapy sessions will help those living with Parkinson's to maintain a level of mobility and pain relief for as long as possible, this will impact on the level of independence that members can maintain.</p>

<b>2.0 Financial Background</b>	
2.1 Budget	<p>At the time of the application, the Group held £33,218 in the bank. The sum of £5,000 per annum is provided to Surrey Crossroads in order to give respite to carers. In addition, a small weekly session is held at Churchfields in Weybridge for which funds of £17,000 have been ringfenced, bequeathed by the Friends of Weybridge Hospital when it was disbanded.</p> <p>The Group has submitted a budget for 2018/19 which shows an anticipated income of £34,797 against an anticipated expenditure of £42,704, resulting in an anticipated deficit of £7,907.</p> <p>Anticipated income includes donations/gifts (£6,086), fundraising (£8,246), income collected for outings (£12,314), collections at groups/ social events (£1,020) and grants received (£5,600).</p> <p>Items of expenditure include costs of events (£4,940), exercise activities (£6,394), holidays / outings (£14,912) and therapeutic activities (£10,843).</p>
2.2 Accounts	The Group has submitted accounts to December 2018 which shows an income of £35,184 against expenditure of £38,154, resulting in a deficit of £2,970. The sum of £33,215 was carried forward at the end of the year.
2.3 Support over the past five years	<p>2019/20 – £3,200</p> <p>2018/19 – £3,200</p>

## Woking and Weybridge Branch of Parkinson's UK – Application For Financial Assistance

<b>3.0 Assessment of Application</b>		
3.1 Key Information	<ul style="list-style-type: none"> <li>○ Constitution</li> <li>○ Registered Charity</li> <li>○ VAT Registered</li> <li>○ Equal Opportunities Policy</li> <li>○ Safeguarding Policy</li> <li>○ Reserves Policy</li> <li>○ Quality Mark</li> <li>○ Other funding sources pursued</li> <li>○ Other support by the Council</li> <li>○ Fundraising</li> <li>○ Two quotes</li> <li>○ Regular monitoring provided previously</li> </ul>	<ul style="list-style-type: none"> <li>Yes</li> <li>Yes</li> <li>No</li> <li>Yes</li> <li>Yes</li> <li>Yes</li> <li>No</li> <li>No</li> <li>No</li> <li>Yes</li> <li>N/A</li> <li>Yes</li> </ul>
3.2 Consultee Comments	<p><u>Julie Meme, Home Independence Manager</u></p> <p>Woking and Weybridge Branch of Parkinson's UK provides support, help and friendship to local people with Parkinson's, their families, carers and anyone who is affected by the degenerative neurological disease.</p> <p>The Group aims to engage all of its clients with Parkinson's in some form of physical activity in order to alleviate the stiffness and eventual seizing up of muscles that forms part of the degenerative disease. Funding this year and in previous years is allocated to fully subsidise the cost of hydrotherapy sessions for members, held at the White Lodge Centre in the grounds of St Peters Hospital.</p> <p>As the majority of users reside in the Woking Borough, I would recommend that the full amount of £3,200 be awarded to the Woking and Weybridge branch of Parkinson's UK.</p>	
3.3 Assessment	<p>Parkinson's is a degenerative neurological disorder, for which, at present there is no known cure. It results in all of the body's muscles becoming stiff and if not exercised, they will eventually seize up, resulting in loss of co-ordination and balance thereby causing difficulty in walking. Outings and social 'get togethers' are also important to both members of Woking and Weybridge Branch of Parkinson's UK and their carers in order to help keep morale up.</p> <p>Woking and Weybridge Branch of Parkinson's UK aims to provide the necessary exercise classes to help with mobility. This includes speech therapy, seated exercise and hydrotherapy. The Group is an entirely self funded support group and does not receive any funding from Parkinson's UK. It raises its own funds in order to arrange activities and events which are both therapeutic and social for the members and carers to benefit from.</p> <p>Research has shown that all forms of exercise are essential to aid mobility for those with Parkinson's, as without, muscles will seize up. Hydrotherapy is especially beneficial due to the buoyancy provided by</p>	

## Woking and Weybridge Branch of Parkinson's UK – Application For Financial Assistance

warm water.

The provision of accessible hydrotherapy sessions will help those living with Parkinson's to maintain a level of mobility and pain relief for as long as possible, this will impact on the level of independence that members can maintain. When members attend the sessions run by the Group it also provides time for their carers to have respite.

The hydrotherapy sessions are held at the White Lodge Centre, for which there is a charge of £20 per person per session. A total of four users can be accommodated in a single session. With help from the qualified teacher and assistant, the focus has been on improving their mobility and condition. In addition, a number of regular events have been held such as Sing and Smile, chair based mobility exercises and speech therapy classes. There is also a four hour weekly group for activities such as exercise, memory games and drawing under the supervision of two professionals, which also provides a time for carer respite.

The Woking and Weybridge Branch of Parkinson's UK is requesting to extend the revenue funding awarded last year at £3,200 to provide weekly hydrotherapy treatment for members with Parkinson's. This sum will enable 40 weeks of therapy at a cost of £80 per week. The Woking and Weybridge Branch of Parkinson's UK will use the grant from Woking Borough Council to offer fully subsidised sessions to all of their members, the majority of whom are Woking based.

It is proposed that the application be approved and a grant of £3,200 be awarded to the Group towards hydrotherapy for its Woking-based members for the year ahead.

REPORT ENDS